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| [MMMBOP](https://www.copperknob.co.uk/stepsheets/mmmbop-ID30918.aspx) |  |

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| **Count:** 32 **Wall:** 4 **Level:** intermediate  **Choreographer:** Kelly Kaylin - May 1998  **Music: “MMMBop”** – by Hanson |  |
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**LEFT & RIGHT SIDE TOUCHES, LEFT & RIGHT HEEL TOUCHES, LEFT TOE BACK, HOLD, RIGHT HEEL FORWARD, HOLD**  
1 Touch left toe to left side  
&2 Step left foot together, touch right toe to right side  
&3 Step right foot together, touch left heel forward  
&4 Step left foot together, touch right heel forward  
&5 Step right foot together, touch left toe back  
6 Hold  
&7 Step left foot together, touch right heel forward  
8 Hold  
  
**SAILOR SHUFFLES, COASTER STEPS FORWARD & BACK**  
1&2 Cross right foot behind left and step, step left foot to left side, step right foot to right side  
3&4 Cross left foot behind right and step, step right foot to right side, step left foot to left side  
5&6 Step right foot forward, step left foot together, step right foot back  
7&8 Step left foot back, step right foot together, step left foot forward  
  
**HEEL JACKS, BALL CROSSES**  
1&2 Cross right foot over left and step, step left foot back, extend right heel forward on a 45 degree angle (weight is on left foot)  
&3 Step down on right foot, cross left foot behind right and step  
&4 Step right foot to right side, cross left foot over right and step  
&5 Step right foot back, extend left heel forward on a 45 degree angle (weight is on right foot)  
6 Hold  
&7 Step down on left foot, cross right foot over left and step (weight ends on right foot)  
8 Hold  
   
&1 Keeping right foot crossed over left step left foot to left side, step side left with right foot  
&2 Step left foot back, extend right heel forward on a 45 degree angle (weight is on left foot)  
&3 Step down on right foot, cross left foot behind right and step  
&4 Step right foot to right side, cross left foot over right and step  
&5 Step right foot back, extend left heel forward on a 45 degree angle (weight is on right foot)  
6 Hold  
&7 Step down on left foot, cross right foot over and step  
8 On the balls of both feet swivel ¼ left with weight ending on right foot  
  
**REPEAT**